

## Editorial

Dear ISSPM members,

We'll meet in a few days at our 26<sup>th</sup> annual meeting in Berlin. The organization crew has worked with an enthusiastic and focused energy over the last months to prepare for this event.

We can be pleased with what we did. We are looking forward to an interesting and inspiring conference, that will deliver inspiring ideas to create an improvement in social attitudes and responses towards pregnancy and birth, as well as a strengthening of children's rights.

The agenda promises a lot of space for offering information and for the exchange of experiences as well as the birth of new visionary concepts. There will be a team of first class female and male lecturers making presentations.

We enjoy the big response that has been shown by the amazing number of applications we have received from people who want to attend the conference. We have booked a large hall and we want to reassure those who have not yet registered to do so as you are most welcome. Come to Berlin and bring your colleagues and friends and become part of this inspiring conference with our ISPPM community. Warm Welcome to Berlin!

Yours

Prof. Dr. Sven Hildebrandt

President of the ISPPM

## Introducing the speakers at the annual ISPPM conference



**Colette Mergeay**

Mergeay is a psycho-therapist who works predominantly in the field of obstetrics and gynecology. She has been engaged in projects like integrative childbed care, encouraging breastfeeding and bonding, along with setting up the guideline companionship of life within dying. She is a founding member of the Forum Frauengesundheit Bremen. Within AfK (the circle for women health) she is a creative contributor as regards approaches for "parents-to-be".

Mergeay is well known for holding many inspiring lectures and workshops.  
Address : Hoyer Strasse 6, 28205 Bremen, Mail [colette.mergeay@gmx.de](mailto:colette.mergeay@gmx.de)

Topic addressed by Colette Mergeay

**The importance of the bonding between mother, father and child in pregnancy**

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This subject will be focused on three main aspects; one is the existential meaning of bonding for the wellbeing of human offspring, two is about becoming aware that pregnancy is a learning field that facilitates bonding of the parents-to-be and three is a critical view on present day care for pregnant women.

The development from “obstetrics” to “perinatal medicine” creates challenges not only about the birth experience itself, but conflict can arise in creating a sustained development of trust and self-reliance of the parents, along with their attitude towards the child and therefore the implementation of a loving and confident capacity of bonding. What is needed is to resist this counterproductive development by focusing on the elemental needs of the newborn. Now is the time to care for this to happen so that in future the mother-to-be knows to rely effortlessly on her inner wisdom.



## Mandy Pleikies

Business economist (BA), freelanced midwife since 2003, founder of the birth center Treptower Park in Berlin 2005.

Address: Am Treptower Park 54, 12435 Berlin, Tel.: 0171-6933161

Mail [pleikies@gmx.de](mailto:pleikies@gmx.de), Web <http://www.geburtshaus-am-treptowerpark.de/>

Mandy Pleikies will represent the midwives at the final open forum.

Here is the link to have access to the program and also more information and an application form for the Annual Conference at Berlin:

<http://www.isppm.de/jahrestagung-der-isppm/>

**Deadline for application: Mo, Oct. 19, 2015**

(Additional Fee if booked on the day is 20 €)

## Briefly

Please, visit our [Facebook-site](#) for more information.

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## Events Diary

### Dates isppm e.V.

#### **23 – 25 October 2015: Annual Conference in Berlin**

##### **"I feel – so I am"**

Needs of antenatal children and their parents in the area of tension between birth-cultural developments, health-politics, basic rights, ethics, and economy

**Friday, Oct. 23, 14.00 – 18.00 h**

**Pre-Congress-Workshops, parallel extended board meeting**

**Friday, Oct. 23, 18.00 – 21.00 h**

**Members Assembly, parallel film Presentation**

**Saturday, Oct. 24, 9.00 h – Sunday, Oct. 25, 12.30 h**

**Main program**

**Sunday, Oct. 25, 14.00 – 18.00 h**

**Post-Congress-Workshops**

The conference language will be German with English power point presentations and abstract manual.

Program, more information and registration:

<http://www.isppm.de/en/>

#### **10 – 12 June 2016**

##### **Bonding Analysis Conference in Cologne**

Contact: Helga Blazy [nc-blazyhe@netcologne.de](mailto:nc-blazyhe@netcologne.de)

#### **October 21 – 23, 2016: Annual Conference in Stolpen near Dresden**

Working title:

##### **Integration and coherence**

Prenatal Psychology in established science, research, education and practice of obstetrics, pediatrics and psychotherapy

### Dates Conferences and Congresses

#### **December 3 – 6, 2015**

APPPAH's 19th International Congress

##### **Birth and Society: How Birth Impacts Society and how Society Impacts Birth.**

Keynote Speakers: Thomas Verny, MD, DPsych., DHL, FRCPC, FAPA, Barbara Findeisen, Dr. Jaak Panksepp, Dr. Gerlinde A. S. Metz, Robbie E. Davis-Floyd, PhD, Michael Mendizza, Karen Strange, CPM, Jeanne Ohm, D.C., and Peter Prontzos, PhD

[Registration here](#)

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January, 2016

**Human Rights in Childbirth: India Conference**

Bangalore, India

[humanrightsinchildbirth.com/india-conference/](http://humanrightsinchildbirth.com/india-conference/)

January 14 – 17, 2016

**The World Congress on Recurrent Pregnancy Loss (WCRPL 2016)**

Cannes, France



[www.wcrpl.com](http://www.wcrpl.com)

February 12/13, 2016

**The 13th National Congress of the HSPPM**

Budapest

May 29 – June 2, 2016

**15th WAIMH World Congress**

**Infant Mental Health in a rapidly changing world: Conflict, adversity, and resilience**

Hosted by Israeli and Palestinian Infant Mental Health Associations, Prague



## Further Education/Workshops

In the Netherlands:

**Integrative Baby Therapy Training**

Trainings leader: Matthew Appleton

Pre- and perinatal birth psychology: Professional and practice oriented

one day intro: 23th January 2016

module 1: 11,12,13 march 2016

module 2: 10,11,12 June 2016

module 3: 7,8,9 October 2016

module 4: 27,28,29 January 2017

module 5: 19,20,21 Mai 2017

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module 6: 6,7,8 October 2017

Location: Rotterdam / The Hague area

Information and registration: Yvonne Welling, E-Mail:

[integrativebabytherapytraining@gmail.com](mailto:integrativebabytherapytraining@gmail.com)

More information: <http://www.conscious-embodiment.co.uk/>

In Belgium:

## "Healing from the very beginning"

Introductory course in pre- and perinatal psychotherapy

In this seminar, a basic introduction to the therapeutic work with traumatic birth processes is mediated. The course is intended as an introduction to the 3-year course (Foundation Course), but can be very rewarding as a unique experience. This course is suitable mainly for people who want to learn more about the imprint of birth and the time of pregnancy and / or for therapeutic professionals wishing to explore the pre- and perinatal psychotherapy in theory, practice and self-awareness.

22 - 24 April 2016 Introductory course in Belgium (presumably in English)

Information: Marleen Dols, [marleendols@online.nl](mailto:marleendols@online.nl)

More Information: <http://www.therapie-bremen.eu/pages/kurse/einfuehrung.php>

In Switzerland:

## Advanced Embodiment Course

With Karlton und Kathryn Terry and Peter Schindler

**Lessons from the hourglass:** 5 - 10 November 2015

**The Art of the Tryptic:** 12 - 17 November 2016

Seminarhotel Wasserfallen bei Basel (Schweiz)

[http://www.ippe.info/courses/embodiment\\_hourglass\\_classes.html](http://www.ippe.info/courses/embodiment_hourglass_classes.html)

Registration: Max Peschek, [peschek.max@t-online.de](mailto:peschek.max@t-online.de),  
+49 (0)421 7 3210

Karlton Terry will be in Basel twice for **Baby Clinic:**

23/24 April 2016

19/20 November 2016

## Birth journey – Self-awareness Workshop

with M. Appleton & Jenni Meyer

Fr Mai 6, 2016, 10:00h - So Mai 8, 2016, 17:00 h

Seminar-Hotel Rigi am See, Weggis in Weggis

The complete **seminar program of ISPPM Switzerland** here:

<http://www.isppm.ch/programm/>

In Austria:

## Babytherapy Advanced Workshop with Karlton Terry:

Treatment of IVF-Babys

Teilnahmevoraussetzung: Abschluß der Babytherapie-Ausbildung

Location: Vienna

Date: October 30 - November 2, 2015

Information and registration: Claudia Versluis, [claudia.versluis@aon.at](mailto:claudia.versluis@aon.at)

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In Germany:

## Foundation course

2017-2020, with Max Peschek und Team in Parin, Germany:

Information and registration: Max Peschek, [peschek.max@t-online.de](mailto:peschek.max@t-online.de)  
+49 (0)421 7 3210

In England:

## Gems of Ancient Wisdom

Workshop mit Antonella Sansone

Before Conception throughout Pregnancy, Birth and Parenting

A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

- Parenting and Infant Mental Health in the Context of our Lives and Society
- Indigenous Cultures as the Best Available Window into the Social Lives of our Ancestors Sustaining a Fulfilling Birth, Motherhood and Secure Attachment
- The Preconception and Prenatal Roots of Empathy, Compassion and Communal Care
- Practices to Develop Empathy and Compassion Fundamental for a Baby to Thrive
- How to Integrate Ancient Wisdom with Scientific Discoveries
- How to Prevent and Heal Birth and Developmental Trauma..... and Many More Fascinating Topics

For further details or to book a place contact:

[antonellasansone8@gmail.com](mailto:antonellasansone8@gmail.com)

Phone: 07947764431



## NEW Professional Seminars with APPPAH:

You can see about the complete Education Department offerings at

[birthpsychology.com](http://birthpsychology.com)

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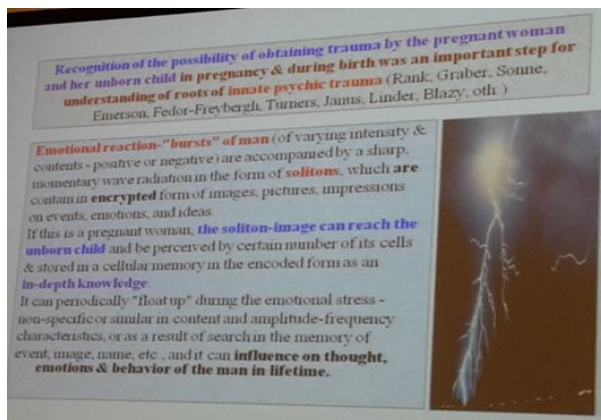
## Report

### 1st International Congress on Psychic Trauma: Prenatal, Perinatal & Postnatal Aspects (PTPPA 2015)

Belgrade, Crown Plaza Hotel, May 15th – 16th, 2015

By Dr. Rupert Linder

I want to describe to you some impressions of the Prenatal Trauma Congress from May 2015 in Belgrade. It was organized by our most appreciated old friend Grigori Brekhman together with Mirjana Sovilj and Dejan Rakovic from Belgrade. The atmosphere of the place was lovely – a recently new build



comfortable Hotel adjacent to the Sava river – a little above its flowing into the Danube.

Although the issue of prenatal trauma certainly is no light fare, it got better digestable by the friendliness of the organizing staff and the lot of experienced older and young presenters from the impressingly busy Institute for Experimental Phonetics and Speech Pathology in Belgrade. There have been friendly connections since decades with the ISPPM and some meetings earlier in Heidelberg. I can describe here just a few of the many impressions.



Grigori Brekhman was opening the session with his remarks on PREREQUISITES FOR THE DEVELOPMENT OF THE DOCTRINE OF PSYCHOLOGICAL/MENTAL TRAUMA. Originating from 'quasi consciousness of every living cell' he was mentioning the EINSTEIN dualism of matter and the wave genetics of Gurvich and Garyaev. From



even mothers social and ecological environment deep imprints are going over to the unborn and can impair their later mental and physical health. This can be reinforced by actual difficult prenatal conditions. It may cause deeply negative

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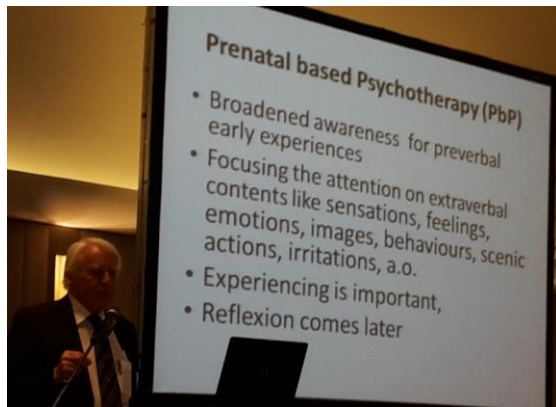
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impacts on stress coping and higher vulnerability for receiving mental traumas in later lifetime.



Ludwig Janus was figuring out the necessities for practical psychotherapy. By formulating a Prenatally Based Psychotherapy (PBP) he was claiming an awareness for preverbal early experiences, attention on extra verbal sign like sensations, feelings, emotions, images, behaviors, scenic actions and others. Experiencing comes before

reflection. Jon and Troya Turner were describing their practice of transpersonal Whole-Self Prebirth Psychology. The energetic psychic trauma communication is precisely the key to their evolutionary integrative medicine hypothesis and practical healing. Shamil Tashaev from St. Petersburg was describing his work with prenatal and early postnatal trauma: In impressing video examples he was showing the formatting and processing of such information during his age regression when the patient is fully awake. This allows neutralizing the effects of prenatal and early postnatal trauma in adult life.



Rupert Linder described his work with pregnant women to prevent somatic and psychological disturbances. Complications can be strongly reduced. It is always important to have the pre- and perinatal violations of the mothers in focus and to help them (and sometimes also their partners) into

equilibrium with much lower stress levels. Kostas Kafkalides from Athens was demonstrating an impressive dialogue about personal traumatic memories on sperm cell level. Besides giving an introduction into the methodology of Dr. Athanasios Kafkalides he gave this very personal testimony where he relived a traumatic experience at pre-conception stage, a pre-conception rejection, due to my mother's fear about being left pregnant risking her life after a previously

almost deadly labor giving birth to his older brother.



Larisa Nazarenko from Ukraine gave a very clear description of 'Fetal Umbilical Cord Entanglement (FUCE) as Stress Associated Phenomenon'. The problem of FUCE is multiplied by

difficult social and psychological background!

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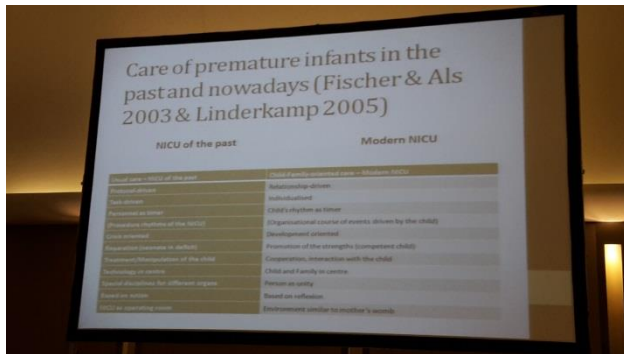
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Helga Blazy from Cologne was describing Transgenerational Problems in Childbirth. Her background is wide experience of Hidas' and Raffaj's Bonding Analysis (<http://www.schroth-apv.com/PrenatalBondingBA.html>) and is including the abortion survivors' situation even of the ancestors of the pregnant mother.



Dragana Dordevic was presenting a method for preventing damage from preterm babies, which she got to know at Otwin Linderkamp in Heidelberg. A remarkable change has been achieved from 2003 on in developing modern NICUs to a child – family – oriented care system,

urgently necessary for these young little people.



On Saturday Olga Gouni was pointing out the parallelity that the same Eternal Universal laws that govern Cosmos are to be found at work behind our Human Life Dynamics and how new attitudes give chances to heal traumata. Dejan Rakovic was describing

that all the holistic acupuncture-based and consciousness-based approaches and techniques can be treated as quantum-informational therapies, by imposing new healing boundary conditions in the energy state space of the acupuncture system/ (individual and collective) consciousness – with significant global psychosomatic implications. Thus the role of each individual becomes important in caring for the collective mental environment. It was amazing to hear, how many members work together worldwide on a high academic level on these questions.



Mirjana Sovilj pointed out the results of her studies showing the connection of transgenerational and

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transpersonal (Grandmother- Mother-child) informations through questionnaires, drawings, monitoring emotional states of pregnant women and prenatal reactions of the unborn to sound. This was done with emphasis on reactivity direction and a longitudinally overview of reactivity changes using a follow up period of 10 years. She was demanding an integrated knowledge from different scientific areas: obstetrics, prenatal psychology, special education, pedagogy, developmental psychology, pediatrics, psychophysiology etc. All their efforts should be directed towards prevention of prenatal, perinatal and postnatal trauma.

Again: I was impressed by the active and interested lecturers and participants. It was a joy to meet so many friendly and competent people. There was a lovely boat trip at night enjoying the night skyline of this old and historic town and a



delicious dinner right aside the shore of the Danube. The town itself shows itself busy and going forward with a lot of young people, galleries of modern art and blasting from music of all kinds on a high level. Thanks to all who were working on this!

I put in two posters, the program and abstracts of the congress and a few more pictures under this link

<https://app.box.com/s/opqd9zh7hvvuq5sqqsgylubry65zrapw>

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