

From the Board

Dear members of the ISPPM,

the new year is ahead of us. Looking back over the years, it is time to thank all the ISPPM members who have worked hard and committed to working for Pre- and Perinatal Psychology and Medicine. Only through an inexhaustible voluntary commitment this work continues to spread in society.

Especially we would like to thank Dr. Ludwig Janus, Irene Behrmann and Marita Klippel-Heidekrüger! Both in the present and in the past, they have made a special in terms of the goals of the ISPPM and their social impact.

Outlook for the planned activities of the New Year

1. Our first major joint activity this year is the cooperation congress with the GAIMH (German-speaking section of the World Association for Infant Mental Health) and ISPPM Switzerland in April 2018 in Kreuzlingen. This will be the official annual conference of ISPPM e.V. There will be an extraordinary members assembly to discuss structural and content issues, as well as a country group meeting and an extended board meeting. The regular MA will take place ahead the Conference organized by the working group "single born twins".
2. The ISPPM-WG "single born twins" organizes a conference in October of this year on the topic "lost twin" in Berlin.
3. Full membership of the ISPPM e.V. in the German National Coalition for the Rights of Children (NC) has been granted. We intend to introduce our prenatal-psychological topics within the NC.
4. In order to bring the topic of psychological and physical injuries and traumas in childbirth to a stronger public interest and thus help the women and babies in a preventive perspective, it is necessary to do research at university level. Our former president Prof. Sven Hildebrandt / Fulda and Prof. Martina Bachmann-König / Innsbruck could be motivated to initiate evaluation in this field.
5. There is also an initiative that addresses a concept of a telephone counseling for women with pre- and perinatal problems for Germany (ISPPM networking initiative, Motherhood and other partners).
6. Provide online access the old ISPPM Journal for Prenatal
7. Preserve the Graber Library as the treasure and heir of the ISPPM
8. Negotiate the topics Harmony-Test (maternal blood test for chromosome disorder in the unborn child), egg donation, reproduction business in the ISPPM, formulate an official statement and plan a campaign

Urgent: Replacement needed for treasurer !!!

President

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Dipl. Psych. Wolfgang Bott

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MA Psych. Galina Tcyganok

Chair of the Extended Board

Dipl. Heil-Päd. Johanna Schacht

Office ISPPM e.V.

Rumpfenmühle 1
61276 Weilrod | Germany
Tel: +49 6083 3299005
Mail: info@isppm.de
Web: www.isppm.de

Newsletter January/February 2018

To our great regret, our longtime committed honorary treasurer Wolfgang Bott is very seriously ill. He can not continue his work. We urgently need an motivated person who can take over this job as soon as possible. Knowledge of accounting and cash management should be available.

Please contact the board! Mail: johanna.schacht@isppm.de

Sincerely

Paula Diederichs, President and

Johanna Schacht, chairwoman of the extended board

From the Office

For six years, Johanna Schacht was very dedicated to managing the office of the ISPPM.

The members found in her an always sought after contact person. Even behind the scenes, sometimes secretly for members, she has done a great job. Thank you very much!

She will remain with us as a member of the board (chairperson of the extended board).

In summer of this year Johanna will leave the office and I, Swen Galster, will take over. We have already begun to gradually transfer tasks to me.

From now on, I look forward to being the contact person for you, dear members of the ISPPM. The office has already moved formally.

Please send letters to:

Office isppm e.V.
Rumpfenmühle
61276 Weilrod
Germany

You can reach me by phone on 06083 3299005 (Office hours: Monday and Thursday between 10:00 am and 11:00 am or by appointment, changes may be announced on the website under "contact").

Please write an e-mail to info@isppm.de.

I am looking forward to the now even more intensive cooperation and to my new tasks.

Best regards
Swen Galster

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From the Network

GAIMH

Cooperation Congress



"Critical Touch in Critical Times"

April 5 – 7, 2018, in Kreuzlingen, Switzerland

30th ISPPM Annual Congress

in cooperation with GAIMH, ISPPM Switzerland and PHTG

April 5 – 7, 2018, in Kreuzlingen, Switzerland
Program, all information and registration will be found on ISPPM Homepage soon.

The detailed program with the abstracts of all parallel events where English translation can be provided, all information about the conference and registration here: <https://isppm.de/registration-annual-conference-2018>

Network of parents' initiatives on birth culture

Justice Campaign for Dr. Ágnes Geréb

Dear Friends and Supporters,

This is to let you know on Jan, 9th, 2018 a Budapest court ruled that an original lower court verdict of February, 2012 against Ágnes Geréb should be re-instated and implemented. This ruling means that Ágnes is now due to be imprisoned for 2 years and suspended from working for 10 years. No further national legal appeals are possible. The sentence will come into effect within weeks.

Supporters of Dr. Geréb, of the rights of birthing mothers and of women's rights everywhere will understandably be dismayed and angry to learn of this incomprehensible turn of events. Many have already been in contact asking how best to express their fierce objections to this shocking decision. Obviously, we will need some time to review any and every route that may be available to Ágnes and to her supporters towards urgently securing her freedom and right to work again. One such option under current consideration by Ágnes and her lawyers is an appeal for clemency to the Hungarian President János Áder. Whether Ágnes ultimately decides to take that formal route or not we believe it would be a first good step for supporters to contact President Áder directly via this link http://www.keh.hu/messages_to_the_presidents_office to express our upset at this verdict. Naturally, we would appreciate senders being civil in their communications. I would also ask you to pass this link to your friends and contacts via your social media outlets to help achieve the greatest possible impact.

For those who prefer to copy a text into their protest email we would suggest using the following:

Dear President János Áder

I strongly object to the Hungarian court verdict of 9th Jan against Dr Ágnes Geréb who has only ever acted in the interests of Hungarian midwifery and the rights of birthing mothers. I believe that you as a European Union Head of State

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should do everything possible to help Dr. Geréb avoid imprisonment and secure the right to work again after more than a decade of persistent abuse and mistreatment by the Hungarian State systems.

Sincerely yours,

For those of you involved in organisations who would be prepared to send a letter of protest to the President of Hungary then please do come back to me directly so that we can agree a text etc.

Also, for journalists and media personnel interested in this latest development please contact me directly for greater details and background information.

As other actions are agreed upon where international support would be needed and welcomed I will be in further contact. Also, regular updates will be available on <https://www.facebook.com/freegerreb/>

With many thanks for your continued support of Ágnes.

Donal Kerry
International Spokesperson
Justice Campaign for Dr. Ágnes Geréb.

Briefly

News from science:

In November 2017, a conference for psychoimmunology took place at the Anthroposophical University in Witten-Herdecke, Germany.

All slides and some audio recordings of the talks are freely accessible at <https://pni-witten.de/>

Karin de Punder MSc, Institute für Medical Psychology, Charité – University Medical Center Berlin: **Early Programming of Health and Disease Risk**
<https://pni-witten.de/wp-content/uploads/2017/12/Pra%cc%88natale-Programmierung.pdf>

References:

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2. **Heim, C., Newport, D.J., Heit, S., Graham, Y.P., Wilcox, M., Bonsall, R., Miller, A.H., Nemeroff, C.B.** Pituitary-adrenal and autonomic responses to stress in women after sexual and physical abuse in childhood. *JAMA* 2000; 284:592–97.
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5. **Heim, C., Mletzko, T., Purselle, D., Musselman, D.L., Nemeroff, C.B.** The dexamethasone/corticotropin-releasing factor test in men with major depression: role of childhood trauma. *Biol Psychiatry* 2008; 63:398–405.
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More Studies:

Flohr C et al.: **Effect of an Intervention to Promote Breastfeeding on Asthma, Lung Function, and Atopic Eczema at Age 16 Years:** Follow-up of the PROBIT Randomized Trial. *JAMA Pediatr.* 2017 Nov 13:e174064. doi: [10.1001/jamapediatrics.2017.4064](https://doi.org/10.1001/jamapediatrics.2017.4064).

Paracetamol during pregnancy not without side effects:

[Bremer L.: Paracetamol Medication During Pregnancy: Insights on Intake Frequencies, Dosages and Effects on Hematopoietic Stem Cell Populations in Cord Blood From a Longitudinal Prospective Pregnancy Cohort; EBioMedicine, Oktober 2017](#)

Prenatal Exposure to Acetaminophen and Risk of ADHD:

[Ystrom E. et al.: Prenatal Exposure to Acetaminophen and Risk of ADHD, Pediatrics Oktober 2017](#)

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Endevelt-Shapira Y et al.: **Altered responses to social chemosignals in autism spectrum disorder**. Nat Neurosci. 2017 Nov 27. doi: [10.1038/s41593-017-0024-x](https://doi.org/10.1038/s41593-017-0024-x).

Placenta consumption offers few benefits to new mothers

S, Gryder LK, Cross C, Zava D, Kimball DW, Benyshek DC. Placentophagy's effects on mood, bonding, and fatigue: A pilot trial, part 2. Women Birth. 2017 Nov 23. pii: S1871-5192(17)30208-1. doi: 10.1016/j.wombi.2017.11.004. PMID: 29174273.

Brain activity to transitional objects in patients with borderline personality disorder

[Kiefer M et al.: Brain activity to transitional objects in patients with borderline personality disorder; Nature Scientific Reports Oktober 2017](#)

Conscious Parenting News

CPN provides the latest headlines, research, features and insights of the Conscious Parenting Movement through its e-newsletter and web e-newspaper. CPN is an alternative media and nonprofit initiative of Families for Conscious Living.

<http://consciousparentingnews.com/#/>

You can visit FCL and discover more initiatives to support your conscious parenting choices at www.FamiliesforConsciousLiving.org.

Please share Conscious Parenting News with your friends and family. And thank you for your support!

Sincerely,

The Conscious Parenting News Team

Contact Us: info@familiesforconsciousliving.org

The Conscious Baby

Online News

<http://theconsciousbaby.com/#/>

You can read more news from our fields on the **ISPPM Facebook page**:

<https://www.facebook.com/ISPPM-eV-124066644364106/?ref=bookmarks>

Events Diary

ISPPM Dates

April 5 - 7, 2018

30th International Annual Congress of ISPPM

Kreuzlingen, Switzerland

Critical Touch in Critical Times

Congress language: German with English translation

<https://isppm.de/registration-annual-conference-2018>

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Newsletter January/February 2018

June 1-3, 2018 Bonding Analysis conference
Cologne

October 26/27, 2018
Conference „Single born twin“
Berlin

Other Congresses and Conferences

February 22 – February 25, 2018
5th International Congress on Cardiac Problems in Pregnancy (CPP)
Bologna, Italy
<http://2018.cppcongress.com/>

May 2 – 4, 2018
Motherhood Initiative for Research and Community Involvement (MIRCI)
MATRICENTRIC FEMINISM
THEORY, ACTIVISM, POLITICS, PRACTICE AND REPRESENTATION
Florence, Italy
<http://motherhoodinitiative.org/product/florence-conference/>

May 21 – 26, 2018
World Health Assembly
Geneva, Switzerland
<http://www.who.int/mediacentre/events/governance/wha/en/>

June 7 – 9, 2018
The International Society for the Study and Prevention of Perinatal and Infant Death (ISPID), the International Stillbirth Alliance (ISA) and The Scottish Cot Death Trust (SCDT)
International Conference on Stillbirth, SIDS and Baby Survival
Glasgow, Scotland, UK
<http://www.ispid-isa.org/2018/Pages/default.aspx#.WlnzCTQiHZ4>

September 6 – 9, 2018
EABP Congress 2018
Body Psychotherapy and Challenges of Today.....Alienation - Vitality - Flow
Berlin, Germany
<https://congress.eabp.org>

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Further Education

In Germany:

Training in Bonding Analysis

With Bruni Kreuzer-Bohn, Psychoanalyst and Annick de Lamotte, Midwife
Basics of Bonding Analysis:

- Theory according to Jenő Raffai
- Physiology and pathology in pregnancy, childbirth, childbed and lactation
- Prenatal self-experience in the group
- Biography work on early topics
- prenatal communication: projective identification (Bion)
- The intermediate prenatal relationship space (Winnicott)
- Results from brain research on the pre- and perinatal period (Eagleman / Hochauf)

Methods of Bonding Analysis:

- Comprehensive medical history
- Setting in Bonding Analysis
- mediation of intervention techniques
- case discussions

Beginning in spring 2018 in Stuttgart and Aachen

Information about content and contact: bruni@kreutzer-bohn.de
annickdelamotte@posteo.de

Phone: +49-703276471

Training in Bonding Analysis

With Dr. Helga Blazy and Hannelore Dehne

In Cologne

Interested people please contact

Helga Blazy: nc-blazyhe@netcologne.de

Further Educational Programme for Midwives „Dream Journeys“

Lecturer: Eva-Maria Müller-Markfort, Graduate Midwife, Prenatal Psychologist,
Mother-Child Bonding Analyst

This education course aims at midwives in pre- and postnatal care, homebirthing,
as well as adjacent professionals like psychologists, psychotherapists, medical
doctors, etc.

„Dream Journeys“... is a new way of being with pregnant mothers, adopted to the
daily work of the midwife, to further the prenatal relation and bonding between
mother and child. In this way the maternal maturation process can be enhanced
as well, as the mother gets a chance to turn closer to herself and, reclining in
herself, will be able to connect with her inner self and with her little child. By
experience, this has a positive influence on the course of the pregnancy, the
birthing process and the breastfeeding relationship. The formation of the family
will be easier, much to the contentment of the fathers.

Training hours: 40 teaching units (TU) à 45 min., 5 blocks à 18 TU units

After each weekend an attendance certificate for 18 TU will be issued

Costs: 400.- EU incl. Soft drinks, snacks and lunch

Approved by the County Health Authority of Warendorf-NRW (in accordance with
§7 of the Professional Order of Midwives)

Recommended by the DFH, German Professional Association for Homebirths

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Teaching hours:

Friday: 11:00 to 18:30

Saturday: 10:00 to 18:30

Sunday: 9:00 to 13:00

Location: Wallstr. 17, 59227 Ahlen, Germany

Phone: +49-2382-84508 Mail: hausgeburten@t-online.de

In Austria:

IPPE-Foundation Course

with Max Peschek, Claudia Versluis und Team

Beginning November 2019

Information: www.ippe.at/kurse/foundation

Registration: Claudia Versluis: claudia.versluis@aon.at

In England:

Integrative Baby Therapy Training

With Matthew Appleton & Jenni Meyer

An in-depth training designed for people already working with babies and children. Previous participants have included midwives, doulas, craniosacral therapists, osteopaths, paediatricians, paediatric nurses, lactation consultants, massage therapists, body psychotherapists, psychologists and ante-natal yoga teachers. The course consists of 6 modules, each 3 days long, and spread over 18 months. It is grounded in the practicalities of working with parents and their babies and aimed at developing the confidence and skills to identify and help resolve prenatal and birth trauma.

More information:

<http://www.conscious-embodiment.co.uk/courses/integrative-baby-therapy-training>

In Scotland:

Pre and Perinatal Training

With Charisse Basquin and Mary Jackson

Learn the latest in Pre and Perinatal Therapy. Through experiential work you will explore your own developmental history and early imprints. Discover how to attune to babies and clients' early life material in order to enhance therapeutic outcomes.

For:

- Anyone working with babies, children and families.
- Therapists and professionals working with adults interested in early trauma and birth.

Four 5-day modules

- Module 1 - 5-9 April 2018
- Module 2 - 28 June-2 July 2018
- Module 3 - 27 Sept-1 Oct 2018
- Module 4 - 1-5 March 2019

More information: <https://cbasquin.wordpress.com/contact-me/>

Registration: Charisse Basquin 07531 863160 or earlyimprintsUK@gmail.com,

Mary Jackson +1(805)649-3063 or mjmidwife@gmail.com

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Workshops/Seminars

In Germany:

Introductory seminar 'Early trauma and its possible consequences for personality development in later life'

Gisela Wallbruch – MSc
January 2018 in Neuss, Germany
Mail: gisela.wallbruch@gmx.de

“Healing Heartbreak Before Birth - Deepening Intimacy in Relationship”

Workshop with Dr. William Emerson
April 12 -17, 2018
Information and registration: M.Overdick, Nünningweg 52, 48161 Münster
Phone: +49-0251260225, Mail: m.overdick@web.de

Another 5-day workshop is scheduled for
5 - 10 September 2018 in Lienen
the title is not fixed yet.

In Switzerland:

ISPPM Switzerland workshop program here: <https://www.isppm.ch/programm>

In Belgium:

"Healing from the very beginning" Pre- and Perinatal Psychotherapy

With Max Peschek (IPPE), Assistants: Sylvie Geerdens and Marleen Dols
The course will be held in English. Translation in German and Dutch is possible.
Information: Marleen Dols, marleendols@online.nl
Website: <http://www.birthimprints.com>

In Austria:

Karlton Terry, Claudia Versluis, Max Peschek & team: Umbilical Affect

20. - 25. march 2018

These courses are open to all students who have finished an IPPE-
foundationcourse in the past: It will for a long time be the last opportunity to
participate in English with Karlton Terry as teacher in Europe.

If you want to continue your prenatal journey researching these themes, then
there is an opportunity now: there are a few places left for students who have
already finished the foundationcourse in former years.

Please let us know soon if you're interested, there are only few places that might
be filled up fast.

We start 14:00 the first day and end 13:00 the last day

Seminarhouse Die Lichtung: www.die-lichtung.at

Travel: close to Krems; flight to Vienna, then train and/or travel with other
participants

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tuition each course € 740,-

Information and registration: Claudia Versluis, claudia.versluis@aon.at, Mobil 00 43 664 5517235

More: www.ippe.at

In Slovenia:

Self-Experiential Workshop "Journey to one's own pregnancy, childbirth and early childhood"

(Body psychotherapy according to Franz Renggli)

with Michaela Mardonovic and Michael Josef Egarter

Location: Horus Center Ljubljana

Contact: Michaela Mardonovic, info@horus-center.com, mobil +386 51 747 545

In England:



Workshop mit Antonella Sansone

Gems of Ancient Wisdom

Before Conception throughout Pregnancy, Birth and Parenting

A visit to the Himba, a tribe of Namibia, with images of their social life and allomothering

For further details please contact: antonellasansone8@gmail.com

Online:

Prenatal and Perinatal Psychology Therapeutic Play with Babies and Kids

Wendy Anne McCarty, PhD, RN is offering an online seminar with prenatal and perinatal psychology and play for parents and professionals. The dates are Tuesday mornings in March and April. The first one is for parents and professionals. The second one is for professionals only.

Series #1 – For parents and professionals

Dates:

March 13, 20, 27 – 1.5 hours each

9:30 am – 11 am - Pacific Standard Time

This seminar is open to everyone.

Series #2 – Follow-up Study Group Series for professional

Dates:

April 10, 17, 24 – 1.25 hours each

9:30 am – 10:45 am - Pacific Standard Time

This seminar is open to all professionals who work with families.

Series #1 is a prerequisite for enrolling in Series #2. You may be a therapist who utilizes play therapy as a primary modality, or a professional considering this as a complimentary aspect of care and mentoring families. Even if you don't

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Dipl. Heil-Päd. Johanna Schacht

Office ISPPM e.V.

Rumpfenmühle 1

61276 Weilrod | Germany

Tel: +49 6083 3299005

Mail: info@isppm.de

Web: www.isppm.de

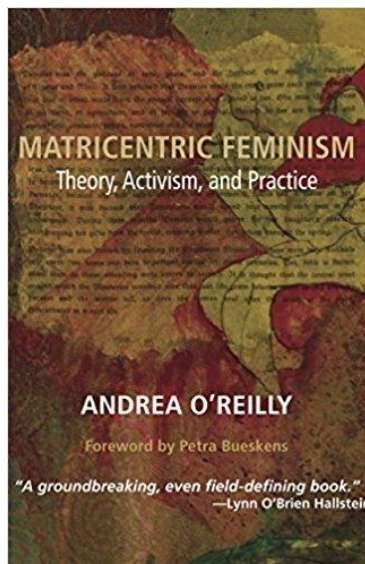
incorporate play therapy directly in your practice, the course will give you a greater appreciation of the relationship between early experience and current issues during infancy and childhood, as well as giving you strategies to address these issues via PPN therapeutic play.

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Reading Tipps



Andrea O'Reilly
Matricentric Feminism
Theory, Activism, and Practice
Demeter Press 2016

The book argues that the category of mother is distinct from the category of woman, and that many of the problems mothers face social, economic, political, cultural, psychological, and so forth are specific to women's role and identity as mothers. Indeed, mothers are oppressed under patriarchy as women and as mothers. Consequently, mothers need a feminism of their own, one that positions mothers' concerns as the starting point for a theory and politic of empowerment. O'Reilly terms this

new mode of feminism matricentric feminism and the book explores how it is represented and experienced in theory, activism, and practice. The chapter on maternal theory examines the central theoretical concepts of maternal scholarship while the chapter on activism considers the twenty-first century motherhood movement. Feminist mothering is likewise examined as the specific practice of matricentric feminism and this chapter discusses various theories and strategies on and for maternal empowerment. Matricentric feminism is also examined in relation to the larger field of academic feminism; here O'Reilly persuasively shows how matricentric feminism has been marginalized in academic feminism and considers the reasons for such exclusion and how such may be challenged and changed.

President

Dipl. Soz. Päd. Paula Diederichs
Peschkestr. 14
12161 Berlin | Germany

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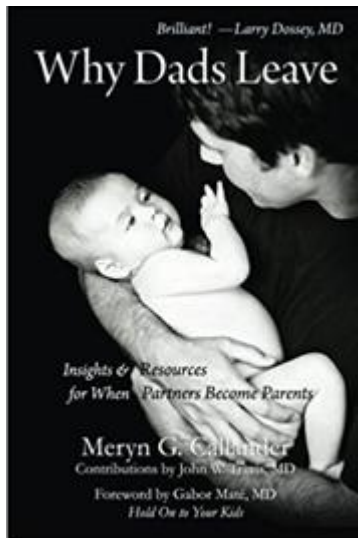
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Meryn G Callander (Author), Gabor Mate (Contributor), John W. Travis (Contributor)

Why Dads Leave

Insights and Resources for When Partners Become
Akasha Publications, 2012

At last someone has come up with the courage to tackle one of the most insidious epidemics in modern life. When men leave their families, physically or emotionally, society feels the destructive ripples for generations to come. Callander and Travis do not claim to have all the

answers to this complex problem but they begin a dialogue and offer unique insights that must be heard. We have swept this one under the carpet too long.

Dean Edell, MD, Life, Liberty, and the Pursuit of Healthiness

When John W. Travis, MD, lauded as one of the founding fathers of the wellness movement, became a parent, he was shocked to discover how unprepared he was for coping with the emotional challenges of parenthood. Now, his wife and colleague, Meryn Callander, shares the story of their confident plunge into parenthood and the subsequent unraveling of that confidence, as they discovered themselves floundering, exhausted, and struggling to deal with the challenges confronting them.

Why Dads Leave reveals the cultural and generational forces that are colluding to create an unacknowledged epidemic of disappearing dads - fathers leaving their families, physically or emotionally, soon after the birth of a child. Nearly twenty years in the making, this book provides insights and practical ways of preventing and healing the insidious and devastating impact of this dynamic. Beautifully written, compassionate, and unflinchingly honest, Why Dads Leave offers understanding and hope for men - and the women who love them.

Why Men Leave speaks to the heart of what it means to nurture society and community at its most basic roots - mothers and fathers. A very important book.

Christiane Northrup, MD, author of Women's Bodies, Women's Wisdom

To say that this book could change human history is not an overstatement. In fact, were it heeded, this book could change our species itself - and definitely for the better.

Joseph Chilton Pearce, author of Magical Child and Crack in the Cosmic Egg

Fathers are more than sperm donors. Father-absence is a huge waste of human energy, caring, and love. Evidence suggests that the more love kids receive, the more likely they are to grow up bigger, stronger, and smarter. It's time we faced

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the inconvenient truth that fathers are a crucial part of the parenting equation, as Callander so compellingly shows.

Larry Dossey, MD, author of *Healing Words*

In my forty years as a marriage and family therapist, and working with over 2500 students, my experience resonates with this work. It offers hope and a possibility for sustaining healthy families. The pursuit of wellness begins with the conception of a child, lasts a lifetime, and thrives in a supportive community.

Elaine Sullivan, Board of Directors, National Wellness Institute

Meryn and Jack have shared their journey in order to make our futures better. They not only lived through this common challenge, but named it, investigated it, and learned from it. This book will forever change families who embrace this knowledge.

Barbara A. Hotelling, past president, Lamaze International and Doulas of North America

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